



**National
Multiple Sclerosis
Society**

Peer Connections Volunteer Training

**Welcome to the
National MS Society**

What to Expect Today

- Welcome to the Society
- The Society's Work
- Peer Connections Volunteer Overview
 - Resources
 - Expectations
 - Next Steps



DAMIAN, DIAGNOSED IN 2015 **JOHARIE, DIAGNOSED IN 2015** **NIKE, DIAGNOSED IN 1983**

SHELLY (R), DIAGNOSED IN 2006

WELCOME TO THE NATIONAL MS SOCIETY

The National Multiple Sclerosis Society exists because there are people with MS. Our vision is a world free of MS. **Everything we do** is focused so that people affected by MS can live their best lives as we stop MS in its tracks, restore what has been lost and end MS forever.

Resources

The clickable icons below will introduce you to the Society and help you lead through inspiration, collaboration and with self confidence. We couldn't achieve our vision without you — thank you!

  Who We Are	  Advocacy
  Services & Resources	  Research
  MS Navigator	  Connections
  Awareness	  Get Involved

Together We Are Stronger.

MS National Multiple Sclerosis Society

Who We Are

We are more than an organization. We are a movement. United in our collective power to do something about MS now and end this disease forever. The gathering place for people with MS, their family and loved ones, healthcare providers, volunteers, donors, fundraisers, advocates, community leaders and all those that seek a world free of MS. A place to connect and take action. In order to change the world, we mobilize all possible human and financial resources to achieve results.

1-800-344-4867
nationalMSSociety.org

Ambassadors in the MS Community

National MS Society volunteers increase reach, build awareness, expand organizational capacity and accelerate progress.

As representatives of the Society, MS Ambassadors work in their communities to promote collaboration, innovation, diverse perspectives and, most of all, a relentless resolve so people with MS can live their best lives.





Welcome to the Society

Diversity, Equity and Inclusion

- The National Multiple Sclerosis Society is a movement by and for all people affected by MS.
- Our voices and actions reflect diversity, equity and inclusion.
- We welcome diverse perspectives.
- We actively seek out and embrace differences.
- We want everyone to feel respected and be empowered to bring their whole selves to ensure we make the best decisions to achieve our vision.



MIKE
DIAGNOSED IN 1983



ANGELA
DIAGNOSED IN 1992



JOVANY
DIAGNOSED IN 2016



TRACEY (R)
DIAGNOSED IN 2009

Inclusion Policy

At the National MS Society, we are committed to embedding diversity, equity and inclusion in everything we do, and we have zero tolerance of any ill treatment towards any person in the MS movement.

Everyone who shares our vision of a world free of MS is welcome here. Hatred is not.

This work is a journey requiring commitment, accountability, transparency and courage. We know it will not be easy, but we are going to do it anyway. We are not striving for perfection, only intention and action as we move forward. We extend grace and empathy to everyone who wants to join us on this journey of learning, growth and change. However, **we will not tolerate acts of harassment and discrimination.**

The National MS Society is here for **every** person with MS — we always will be — until we find a cure. We embrace and are committed to bringing our entire MS community together, representative of all the dimensions of diversity, so that everyone feels at home and supported by their National MS Society.

Diversity at the Society



Cultural Values

- Act with urgency to solve the challenges of people affected by MS
- Leverage our influence to provide collaboration, inspiration and intentional leadership
- Prioritize diversity, equity and inclusion
- Innovate and continuously learn
- Deploy resources to their greatest potential with integrity and accountability

Our Vision:

A world free of MS.

Our Mission:

We will cure MS while empowering people affected by MS to live their best lives.



ANQUETTE
DIAGNOSED IN 2013



JOSHUA
DIAGNOSED IN 2015

Overview

PUBLIC NOTICES AND COMMERCIAL NOTICES

TO ALL Creditors of Hudson Mechanical Company: Please take notice that the partnership of Hudson Mechanical Company, 351 West 52d St., has been dissolved as of April 19, 1945. JOSEPH ARKUS, JOSEPH DUNTOV, ZACHAR ARKUS-DUNTOV, JIRI ARKUS-DUNTOV.

MY WIFE, Martha Ebaugh David, having left by bed and board, I shall no longer be responsible for her debts.

MULTIPLE sclerosis. Will anyone recovered from it please communicate with patient. T272 Times.

WILL not be responsible for any debts incurred by my wife, Martha Ebaugh David, 9 Gay St., New York City.

Commercial Notices

"FLINTROCK" Everlasting Memorials, the monument that is sold with a registered surety-bonded guarantee; designed, cut, inscribed in Hebrew and English; always cared for; erected any cemetery Greater N Y; on display Samuel Raiken, Inc. 378 Rockaway Av, Bklyn, N Y. Authorized dealer.

Commercial Notices

HAVING left our bed and board, you will want to return as quickly as possible to the Berkshire Country Club, Wingdale, N Y; two hours from Grand Central; horsebacking free Mon-Fri, golf free all June; good food; good crowd; dancing eve's, smart revues; all rooms adjoining baths. Write 11 W. 42d. PE 6-1940.

**LIFE INSURANCE LOANS
DEAL DIRECT WITH BANK
No Fees or Brokerage Charge
LOW INTEREST RATES
HUDSON COUNTY NATIONAL BANK
EST 1851
JOURNAL SQ. JERSEY CITY 6, N J.**

WANTING a circular, booklet, catalogue? I can lead you gives excellent quality printed reproductions, fast service, low cost; copywriting, layout, art (including Meyer Both art service); vari-typing departments Hammermill's Whip-pet Bond, no extra cost. Academy Photo Office, 15 E 22 St. AL 4-1993.

Hi, Mom, Dad! Enjoy your own vacation at Napanoch Country Club, Napanoch, N. Y., with golf-tennis swell eats, while we kiddies have fun at 4-11 Day Camp Unit adjoining. Mature counselors. All land, water sports. 303 5th Ave., N. Y. Phone MU 4-3802.

FIND YOUR WAR JOB TODAY!
There's a big job waiting for you building



National
Multiple Sclerosis
Society

Connect with the National MS Society



facebook.com/nationalMSsociety



instagram.com/MSsociety



linkedin.com/company/national-MS-society



twitter.com/MSsociety



youtube.com/nationalMSsociety



National
Multiple Sclerosis
Society

Together We Are Stronger.

The Society's Work

MS Community Members



Volunteers



People Affected
by MS



Healthcare
Providers



Donors



Event
Participants



Researchers



MS Activists



National
Multiple Sclerosis
Society

Together We Are Stronger.

Fiscal Year 2022-2024 Strategic Plan





Empower people
affected by MS to
solve everyday
challenges

All people will be informed,
connected and supported by
loved ones, their communities,
their healthcare providers and
the Society so they can live
their best lives.



National
Multiple Sclerosis
Society

Together We Are Stronger.

Connection Opportunities

Community, education and group conversations

[Find a group in your area or online »](#)



Find community anytime — anywhere
[Find an online MS community »](#)

Listening ear, one-on-one conversations

[Learn more »](#)

Education, resources and support

Call 1-800-344-4867

[Learn more »](#)



Connect with others who understand MS



Build your network of support



Get connected



National Multiple Sclerosis Society

Together We Are Stronger.

Services and Support: MS Navigator[®]

Support is one-on-one and customized to each individual and family—**because every person's experience with MS is different.**

- MS Navigator Number: 1-800-344-4867
- Hours of Operation: 9 a.m. - 7 p.m. ET, Monday-Friday
- MS Navigator Online Chat: nationalMSsociety.org
- MS Navigator Email: contactusnmss@nmss.org

Programs and Education

- The National MS Society offers a variety of educational programs and content for people affected by MS.
- Programs can be accessed in person, virtually or on demand.
- Programs connect members of the MS community and provide information and resources that help empower individuals to navigate every step of their journey.





Accelerate cures through global leadership

- Global partnerships
- Research milestones
- Better quality of life
- Restore lost function
- Early detection and prevention

Research

- The Society is a driving force of MS research and treatment to stop disease progression, restore function and end MS forever.
- The complexity of MS necessitates a comprehensive approach that will uncover solutions for everyone.





Strengthen the MS movement through more and deeper connections

- Increased public awareness and confidence in the Society
- More engaged and meaningful experiences
- Expand and increase revenue

Society Events



MS Awareness

- Increasing awareness to change the world for people living with MS is key
 - 1:1 conversations
 - Story sharing
 - Social media
- MS Awareness Week: March
- World MS Day: May 30





Improve access
to personalized,
affordable,
high-quality MS
healthcare

- Decrease time to diagnose MS
- Increase access
- Reduce health disparities in treatment
- Support personalized, evidence-based treatment plans
- Advance legislation and health policy

Find Doctors and Resources

Find Doctors & Resources

Category Support Type ZIP Code Distance

What You'll Find

- Healthcare Providers**
Medical providers that specialize in the diagnosis and treatment of conditions and symptoms related to MS.
- Emotional Support**
Licensed professionals and community based programs providing caregiver support, family support and education.
- Legal Resources**
Attorneys and legal services with expertise in claims and civil matters related to MS.
- Financial Assistance**
Programs offering financial assistance, grants or loans for accessibility, housing and pharmaceutical needs.
- Mobility & Accessibility**
Services and providers for home accessibility, ramps, elevators and lifts, transportation, vehicles and mobility equipment.
- Home Care & Housing**
Assisted living facilities, chore and personal care assistance, and adult day care programs.
- Independent Living**
Local aging services that also serve individuals with disabilities of any age, centers offering independent living skills training, personal advocacy, information and referral and peer counseling and access to service dogs.
- Medical & Assistive Equipment**
Durable medical equipment, incontinence supplies, wheelchairs (power and manual), scooters, hoist lifts, aids to daily living products such as reachers, adaptive eating utensils, canes and walkers, and cooling vests/cooling equipment.



Advocacy

- MS Activists:
 - Over 35,000 MS Activists nationwide
 - Multiple volunteer roles
 - Action Alert Network
 - Public Policy Conference
 - State Action Days
- Advocacy issues can include:
 - Access to telehealth
 - Access to medication and medication costs
 - Regulatory support of MS research
 - Caregiver support



Additional meaningful ways to be engaged in the MS movement ...

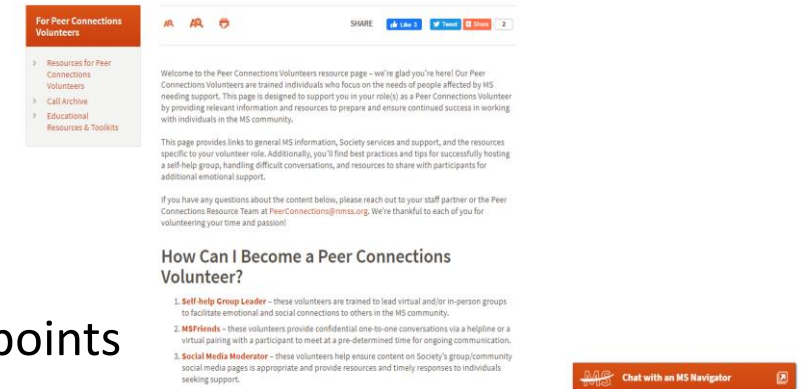
- Community member
- Corporate support and partnerships
- Educational program support
- Event support
- In-office support
- Interns
- Participant in research studies
- Peer connections volunteers
- And more!



Peer Connections Volunteers

Ongoing Support Resources

- Peer Connections Resource Team: peerconnections@nmss.org
- Peer Connections Volunteer Website
 - www.nationalMSSociety.org/peerconnectionsvolunteers
- Ongoing Communication from your Staff Partner
 - Monthly Newsletters, Ongoing Correspondence, Scheduled Touchpoints
- Peer Connections Volunteer Facebook Community for Self-Help Group Leaders & MSFriends
- MS Warriors- Support Group for Group Leaders
- Monthly Zoom Calls for MSFriends
- National MS Society Moderators Facebook Group for Online Community Moderators



Resources for Peer Connections Volunteers

For Peer Connections Volunteers

- › Resources for Peer Connections Volunteers
- › Group Leadership Call Recordings
- › Educational Resources & Toolkits



IN THIS ARTICLE

- › Peer Connections Volunteer Resources
- › Society Policies
- › Community Resources to Share
- › Challenging Conversations & Crisis Support
- › Recursos Para Voluntarios

Expectations

- Training
 - Complete all Peer Connections Volunteer training requirements
- Uphold Society Guidelines
 - Confidentiality
 - Diversity, Equity and Inclusion- provide safe, supportive and inclusive opportunities and spaces in your community
 - Code of Conduct
- Be a positive representative of the Society in the community
- Respond to Society communication consistently and respectfully
- Do not give medical advice
- Accessibility

Community Disclaimer for Peer Connections Participation

The National MS Society respects the rights of people with MS to obtain any and all information they want related to MS including information on wellness, medical treatments or complementary therapies, products and services. The information shared during community connections does not necessarily reflect the views or official position of the National Multiple Sclerosis Society, nor carry the endorsement or support of the Society.

By choosing to participate in National MS Society-governed self-help groups, MSFriends® paired connections, and social media and online communities, you are agreeing that the Society can contact you directly in response to any posts or content that suggests risk to self and/or others. The Society reserves the right to contact you in the event that “at risk” statements or content occur.

To protect your privacy and the privacy of others, please do not record, take screenshots, or share personal information with anyone other than your staff partner.

For specific medical advice, contact your physician. For the opinion of the National Medical Advisory Committee of the National MS Society on any therapy, treatment or product, please contact an MS Navigator at 1-800-344-4867 or visit our website at www.nationalMSSociety.org

Thank you!