



National
Multiple Sclerosis
Society

Connections Volunteers Drop-In Call October 29, 2020



Angela B. Corbin
Manager
Implementation &
Engagement

Open Chat box

Camera and Audio settings
Audio options: **1)** Select 'Computer' to use computer mic, or headset with mic plugged into computer, or **2)** Select 'Phone' and dial number shown on screen with access code and audio pin

Mute/Share webcam/Leave

Mic Camera Screen Leave

Q&A: There will be time for questions after presentation

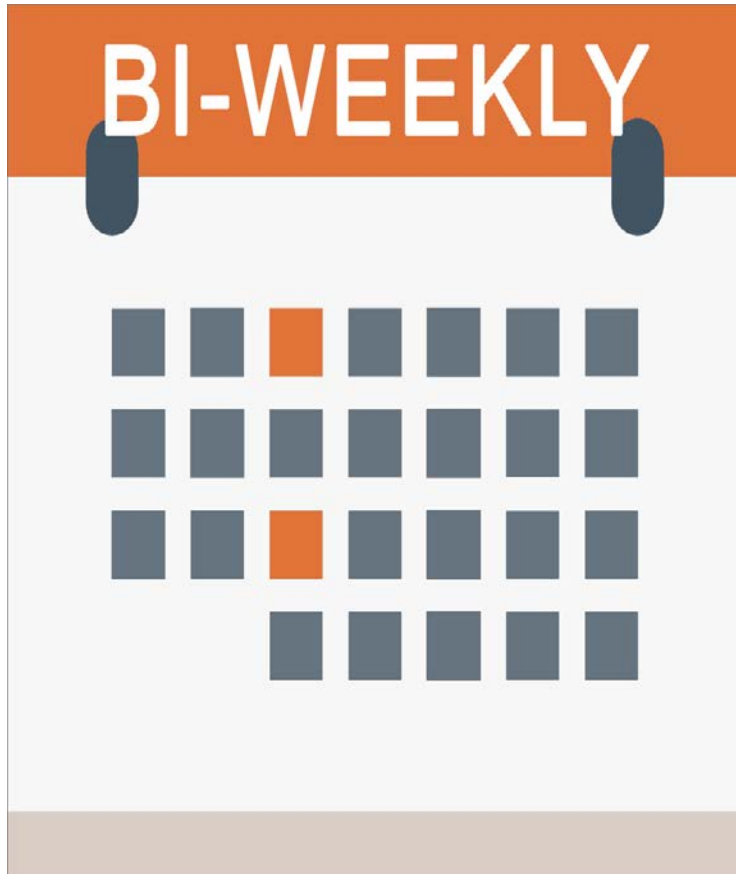
- Option #1: Pop on camera using your webcam; unmute
- Option #2: Type your question in the Chat box

A recording of this call (without webcam) will be posted on our website at:
<https://www.nationalmssociety.org/Resources-Support/Find-Support/Connect-with-Peers-One-on-One/For-Connection-Program-Volunteers>

Today's Time

- **NEWS:** Going digital through December 31st
- We are here to support you! - New support email:
peerconnections@nmss.org
- Connections Program Volunteer Website:
<http://nationalmssociety.org/ConnectionsVolunteers>

Bi-Weekly Ongoing Drop In Call Dates



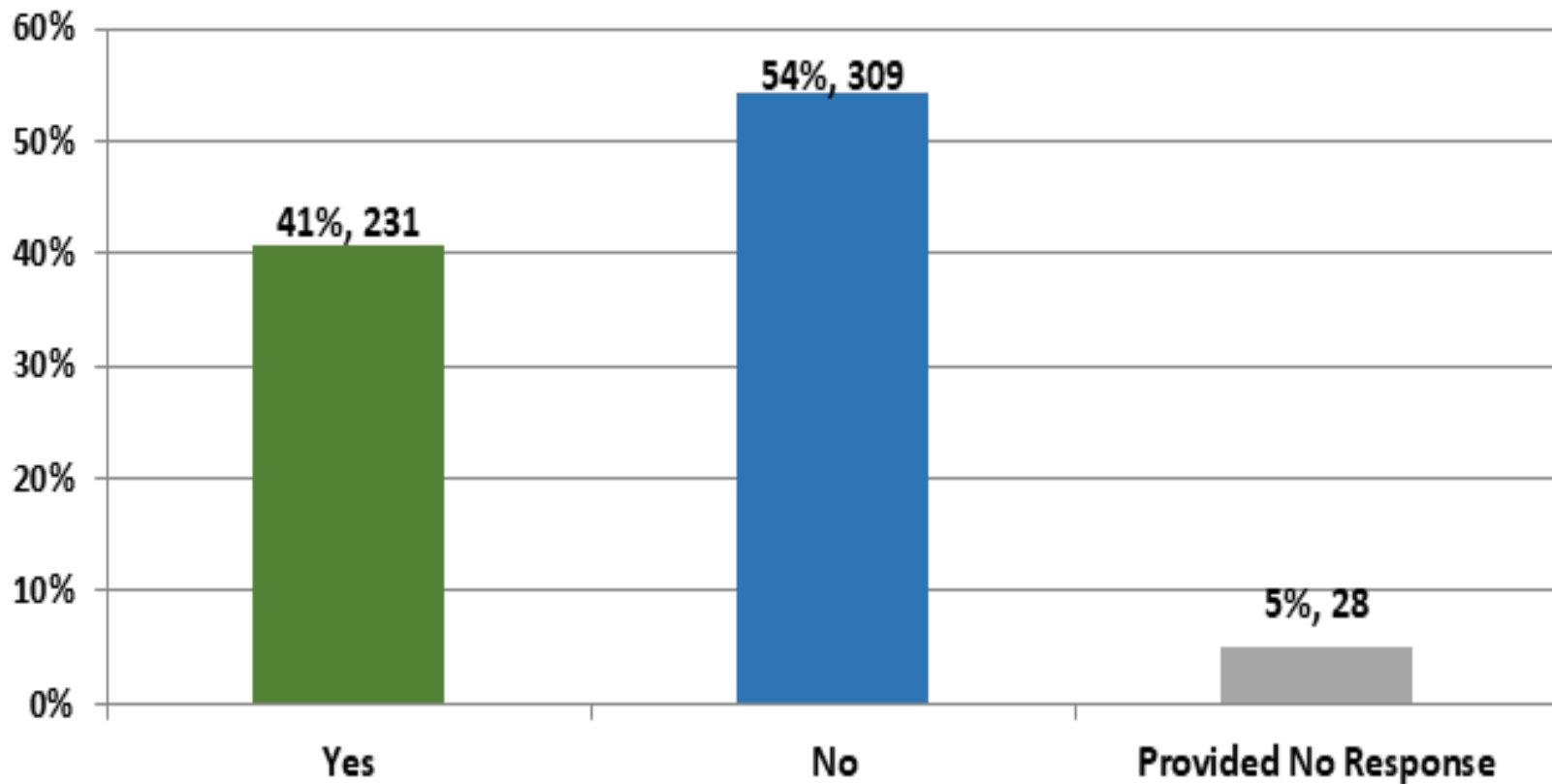
- November 5th
- November 15th
- December 3rd
- December 17th

Support for Leaders and Groups

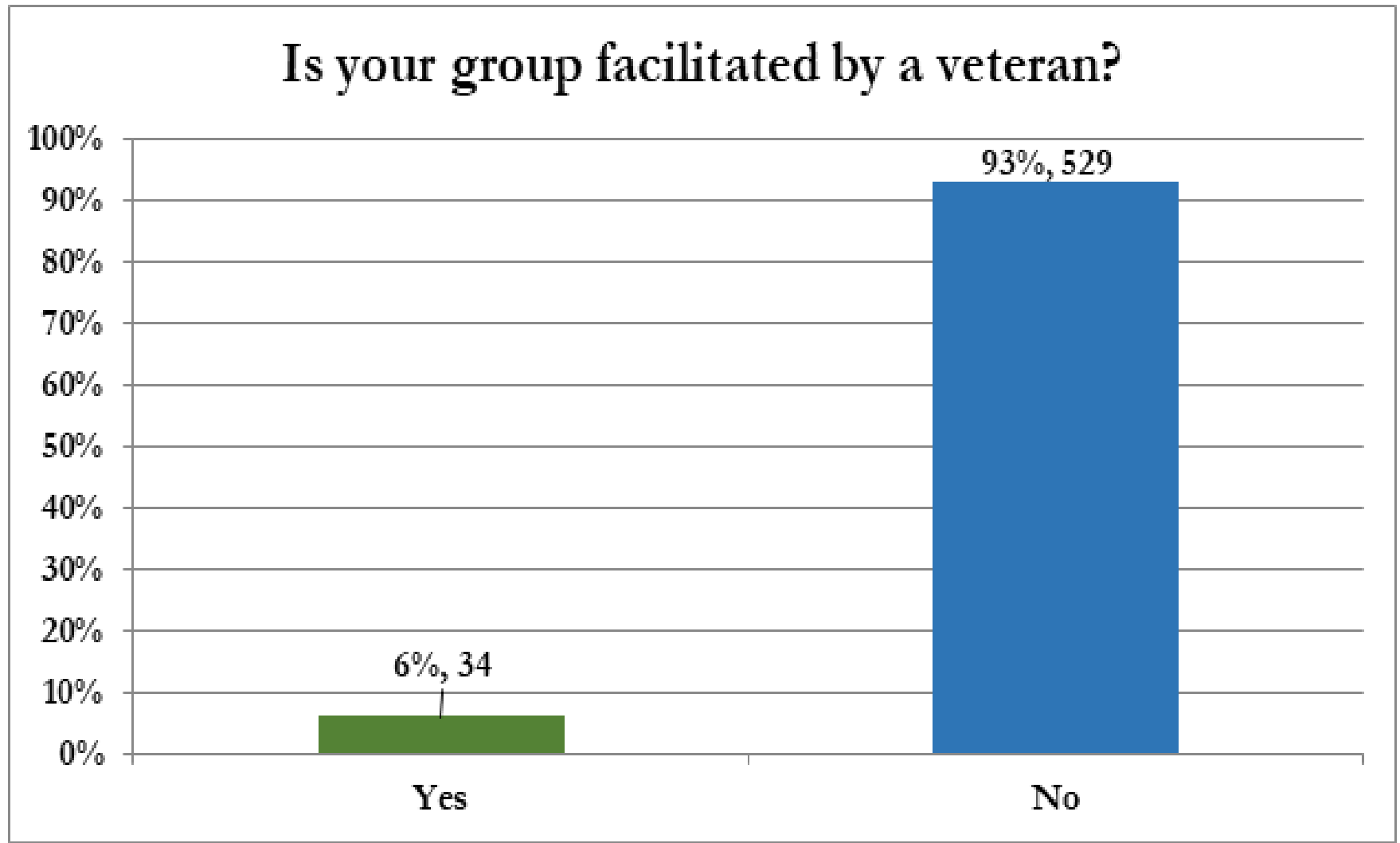
- **We are going digital through December 31st**
- **Bi-Weekly Ongoing Drop In Calls**
 - Thursdays at noon PST/3EST
 - October 29: Veterans Information and Services.
 - November 5: COVID Update
 - November 19: Open Enrollment/Marketplace Insurance
- **MS Navigator is available to help!**
- **Find Doctors and Resources Online**

Veterans Survey Data

Does your group have an Veterans that attend meetings?



Veterans Survey Data



Veterans with MS



Doris Lill
Director, Healthcare Access

Veterans with MS

Overview

- 70,000 Veterans diagnosed with MS nationwide
- 18,000-20,000 receiving care within the VA system
- Service connected if diagnosed with MS within 7 years
- MS Centers of Excellence

www.va.gov/ms/

www.nationalMSSociety.org/FDR

1-800-344-4867

Memorandum of Agreement

**Goal: to improve care and outcomes for
Veterans living with MS**

Why partner with the VA?

- Improve MS care within the Veteran population
- Increase Veterans' and providers' awareness of MS, symptom management, and disease modifying therapies
- Share best practices
- Invite organization representatives to serve on advisory groups
- Work collaboratively to develop provider/patient educational materials and awareness
- Improve MS care coordination
- Improve navigation through the system of care.

Supporting Veterans Living with MS

For Veterans Living with MS

- Provide information, resources, programs, management strategies, and services
- Partner to optimize resources that maximize the health and function
- Facilitate the translation of knowledge and research
- Identify opportunities for collaboration with VA

Supporting Veterans Living with MS

For Healthcare Providers

- Optimize training and fellowship experiences
- Facilitate the translation of knowledge and research
- Support community outreach to promote MS education & awareness
- Identify opportunities for collaboration with VA
- Work with the VA to provide information and resources

Supporting Veterans Living with MS

Questions?



**National
Multiple Sclerosis
Society**

**Society Resources
We are Here**

Connection Volunteer Website

For Connection Program Volunteers

Peer Connections:
One-on-One

> For Connection
Program Volunteers



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Share

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- > [Resources for volunteers](#)
- > [Recorded All Society Leader Calls](#)
- > [MS 101 Webinars](#)
- > [Group meeting discussion guides and toolkits](#)

Ask an MS Expert

Managing Multiple Sclerosis Fatigue



Bardia Nourbakhsh, M.A.S. M.D.
Board Certified Neurologist,
Assistant professor of neurology at
Johns Hopkins University School of
Medicine



Kathy M. Zackowski, PhD, OTR
Senior Director, Patient Management,
Care and Rehabilitation Research at
the National MS Society

Emotional Support Resources

- MSFriends
- Happy the App
- Find Doctors and Resources Tool
- Facebook Group: National MS Society Community
- MS Navigator is available to help!
- HelpPRO
 - Online search tool
- Behavioral Health Treatment Services Locator
 - Nationwide behavioral health services & resources
- NeedyMeds.org
 - Mental Health clinic locator

Need Support Connecting Your Group?

Resources are Available!

- ✓ Skype
- ✓ Zoom
- ✓ FaceTime
- ✓ Google Hangout
- ✓ Facebook Messenger
- ✓ Free Teleconference Tools
- ✓ Support Group finder on Society Website

***Connect with your Society Staff Partner
to discuss your needs***

SELF-HELP GROUP MEETING DISCLAIMER

The National MS Society respects the rights of people with MS to obtain any and all information they want related to MS including information on wellness, medical treatments or complementary therapies, products and services. The information presented at this meeting does not necessarily reflect the views or official position of the National Multiple Sclerosis Society, nor carry the endorsement or support of the Society. To protect your privacy and the privacy of other members, please do not record, take screenshots, or share information about other members of this group outside of this meeting. For specific medical advice, contact your physician. For the opinion of the National Medical Advisory Committee of the National MS Society on any therapy, treatment or product, please contact your chapter at 1-800-344-4867 (1-800-FIGHT-MS), or visit our website at nationalMSSociety.org

CONNECTING LEADERS TO LEADERS

- What questions do you have?
- What questions are you getting from others?
- What resources or support would be helpful?
- Share helpful tips for other leaders