The National MS Society is a source of support for all who are affected by MS, including families living with pediatric MS. If you are a preteen or teen recently diagnosed with multiple sclerosis, or the parent of a child new to MS, you may not know where to begin. We are here to help you learn about MS and feel confident managing the disease as a family. You are not alone!

RESOURCES

Many people find it helpful to start by gathering the facts. Learning as much as you can about MS and getting answers to common questions can help you feel confident and in control of your health. The clickable links below will provide access to MS information and resources:

**For Parents**

- **Kids Get MS Too**: ntlms.org/KidsGetMSTooGuide
- **Facebook Community Group**: facebook.com/groups/nationalMSsocietycommunity
- **Students with MS**: ntlms.org/StudentsWithMS
- **Pediatric MS Centers**: usnpmsc.org
- **Symptom Tracking worksheet**: ntlms.org/SymptomTracking
- **Symptom Tracking app**: ntlms.org/SymptomTrackingApp
- **Facebook Group for Parents**: facebook.com/groups/PMSalliance
- **Virtual Monthly Group Meeting for Parents**: nationalMSsociety.org/parents-shg

**For Preteens and Teens**

- **Oscar the MS Monkey**: mroscarmonkey.org
- **Darkhawk Comic**: ntlms.org/DarkhawkComic
- **Keep S’myelin® Activity Book**: ntlms.org/KeepSmyelin
- **Scholarships**: nationalMSsociety.org/scholarship
- **Knowledge is Power**: nationalMSsociety.org/KIP
- **NeedyMeds Camps**: needymeds.org/camps
- **Healthcare Provider Visits**: ntlms.org/HCPVisits
- **MS Youngsters Instagram**: @MSyoungsters
- **iConquer MS Kids and Teens**: kidsandteens.iconquerms.org/kidsandteens

**Contact Us**

1-800-344-4867
ContactUsNMSS@nmss.org
nationalMSsociety.org

**MS Navigator®**

nationalMSsociety.org/navigator

Get Involved

nationalMSsociety.org/Get-Involved