

Cooling Equipment Information

To help you address the heat-related effects of MS, many companies have designed cooling garments & other types of equipment, including cooling vests, wrist/ankle/neck wraps, hats/caps and misters. To select the appropriate cooling equipment for your individual needs, consider the following:

- What is the cooling garment made of? What is its total cooling time?
- What is the garment's weight? Is it designed to fit under or over regular clothing?
- As the garments utilize different types of cooling mechanisms (e.g., ice/gel packs, evaporative cooling, phase-change), which works best in your specific climate? Explore each option [here](#).
- For further details, view the **National MS Society's** [Summer Guide to Managing Heat & MS](#) and **ActiveMSers.org's** [Cooling Gear Buying Guide](#), with product reviews & discount codes. For more cooling strategies, also visit the **National MS Society's** [Heat & Temperature Sensitivity](#) page.
- Will your health insurer cover this item? If coverage for cooling vests/equipment is offered, it will typically be found under the durable medical equipment benefit. If your health insurer denies the initial request, [view instructions on filing a health insurance appeal or exception request](#), as well as [view a sample cooling equipment appeal letter](#).

National Vendor List

National Vendor	Available Items	Website	Phone Number
Cool-eez <i>(based in Florida)</i> Use PROMO CODE 'MS' <i>for a 10% discount</i>	ICEpodz - wearable cooling for the neck with insert that freezes solid	icepodz.com	941-914-6739
Glacier Tek <i>(based in Minnesota)</i> Use PROMO CODE 'NMSS-15' <i>for a 15% discount</i>	eco-friendly cooling vests & cooling packs	glaciertek.com	800-482-0533
Misty Mate <i>(based in Arizona)</i> Use PROMO CODE 'SS10' <i>for a 10% discount</i>	eco-friendly personal and patio misting systems & cooling apparel	mistymate.com	<i>(email preferred)</i> support@mistymate.com
OnyxCool <i>(based in Minnesota)</i> Use PROMO CODE 'NMSSCool25' <i>for a 25% discount</i>	cool therapy wraps & vests	onyxcool.com	651-212-6600
Opal Cool <i>(based in Minnesota)</i> Use PROMO CODE 'NMSSCool25' <i>for a 25% discount</i>	cool therapy wraps, vests, back/hip/core coolers and cooling bra inserts	opalcool.com	651-212-6600

List continues on next page

National Vendor	Available Items	Website	Phone Number
Oro Sports (formerly Coolture) <i>(based in New York)</i> Use PROMO CODE 'NMSSVEST' <i>for preferred pricing</i>	cooling vests & accessories	orosportsusa.com	716-281-0080
Polar-Products <i>(based in California)</i> Use PROMO CODE 'NMSS18' <i>for a 15% discount + a free Polar Cool Tie with every order</i>	cooling vests & accessories	polar-products.com	800-597-0618
Polar Products, Inc. <i>(based in Ohio)</i> Use PROMO CODE 'NMSS00' <i>for a 10% discount</i>	cooling vests, hats, and accessories	polarproducts.com	800-763-8423
StaCool Vest <i>(based in Florida)</i>	cooling vests	stacoolvest.com	866-782-2665
Steele Cooling Vests <i>(based in Washington)</i> Use PROMO CODE 'NMSS2022' <i>for a 10% discount (min. \$20 order)</i>	cooling vests & accessories	steelevest.com	888-783-3538
Thermapparel <i>(based in New York)</i> Use PROMO CODE 'Undercool' <i>for a 10% discount</i>	concealable and lightweight cooling vests designed for MS	thermapparel.com/health	855-232-7233

MS Navigator Assistance

If you are not able to obtain cooling equipment through health insurance, the **National MS Society may be able to assist by providing financial assistance toward the cost of the equipment. If you feel you could benefit from this assistance, please reach out to a [National MS Society MS Navigator](#) at 1-800-344-4867 or [online](#) for a more comprehensive discussion and assessment about your needs, available resources and potential financial assistance from the Society.**

Additional Resources

Additional resources for assistance with cooling products include:

MS Association (MSAA): 800-532-7667 or mysaa.org/msaa-help/cooling-products/

MS Foundation (MSF): 888-673-6287 or msfocus.org/Get-Help/MSF-Programs-Grants/Cooling-Program

(Feb 1 – Jun 1 only)

The National Multiple Sclerosis Society ("Society") does not endorse products, services or manufacturers. Such names appear here solely because they are considered helpful information. The Society assumes no liability for the recipient's use of any product or service mentioned. The Society does not independently verify whether the information provided by each service provider is accurate. The Society undertakes no responsibility to verify whether the service provider is appropriately licensed and certified and has applicable insurance coverage.

The National Multiple Sclerosis Society is proud to be a source of information on multiple sclerosis related topics. The information provided is based on professional advice, published experience, and expert opinion, but does not constitute medical or legal advice. For specific medical advice, consult a qualified physician. For specific legal advice, consult a qualified attorney. **Updated 2/28/2022**