***Clients with MS: Do No Harm***

***July 17, 2021 (Virtual)***

## Target Audience

This activity has been designed to meet the educational needs of psychologists, social workers, and other members of the healthcare team involved in the management of patients with MS.

## Learning Objectives

Upon completing this activity, participants should be better able to:

MS Symptom Management

* Identify a wellness and empowerment approach to working with clients with MS
* Identify two interventions for management of common MS symptoms
* Recognize the mind body interventions that can be used for pain and stress management

Neuropsychological Considerations

* Recognize the cognitive challenges that may be experienced by individuals living with MS.
* Identify factors that can contribute to cognitive changes in the individual living with MS.
* Distinguish “resistance” from neuropsychological symptoms that can impact the client’s capacity to participate in therapy.
* Determine when it may be appropriate to refer a client for neuropsychological evaluation and rehabilitation therapies.

Culturally Sensitive Team-based care

* Identify who could be part of the healthcare team of someone with MS
* Define Implicit Bias, challenges, and solutions for culturally-responsive healthcare
* Identify cultural barriers and challenges to information sharing and methods for overcoming them
* Practice inclusion of multiple perspectives in decision-making

Partners and Parents with MS

* Define who has ownership of the MS
* Define spread effect and courtesy stigma
* Identify potential issues in romantic partnerships when one person has MS
* Distinguish specific interventions as it relates to experiencing childbirth and/or parenting when a parent has MS

## Faculty

Pearl Werfel, PhD Private Practice

Linda Trettin, PhD Dignity Health, Folsom Neuropsychology

Amber Landers, PhD Alliant University

Rhoda Olkin, PhD Alliant University

Katelyn Michtich, MBA National MS Society

Andrea Arzt, LCSW National MS Society

## Accreditation and Credit Designation

In support of improving patient care, this activity has been planned and implemented by the Consortium of Multiple Sclerosis Centers (CMSC) and the National MS Society. CMSC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Psychologists**

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP) and the Consortium of Multiple Sclerosis Centers (CMSC). The CMSC maintains responsibility for the content of the program. The CMSC designates this activity for 3.0 CE credits.

**Social Workers (Through ASWB’S ACE Program)**

As a Jointly Accredited Organization, the CMSC is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The CMSC maintains responsibility for this course. Social workers completing this course can earn up to 3.0 continuing education credits.

**Certificate of Attendance for Other Healthcare Professionals**

A Certificate of Attendance will be given upon completion of course requirements enabling participants to register their credit with the appropriate licensing boards or associations. Participants may apply for other accreditations using procedures established by specific organizations.

## Disclosure of Financial Relationships

In accordance with the Accreditation Council for Continuing Medical Education’s (ACCME) Standards for Integrity and Independence in Continuing Education, CMSC and the National MS Society require that individuals in a position to control the content of an educational activity disclose all financial relationships with ineligible companies. CMSC and the National MS Society mitigate all conflicts of interest to ensure independence, objectivity, balance, and scientific rigor in all their educational programs. Furthermore, CMSC and the National MS Society seek to verify that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. CMSC and the National MS Society are committed to providing learners with high-quality CE activities that promote improvements in health care and not those of a commercial interest.

## Faculty Disclosures

The program faculty reported the following relevant financial relationships that they have with ineligible companies:

Pearl Werfel, PhD has disclosed no relevant financial relationships.

Linda Trettin, PhD has disclosed no relevant financial relationships.

Amber Landers. PhD has disclosed no relevant financial relationships.

Rhoda Olkin, PhD has disclosed no relevant financial relationships.

Andrea Arzt, LCSW has disclosed no relevant financial relationships.

Katelyn Michtich, MBA has disclosed no relevant financial relationships.

All of the relevant financial relationships listed for these individuals have been mitigated.

## Staff Disclosures

The planners, reviewers, editors, staff, or other members at CMSC who are in a position to control content have no relevant financial relationships with ineligible companies.

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## Method of Participation / How to Receive Credit

To successfully complete this activity, the participant must review the accreditation information, including learning objectives and faculty disclosures, complete the suggested pre-requisites, view the webinar, and complete the evaluation. Participants will receive a detailed email to complete the evaluation during, after, and the day following the webinar. Once evaluation is completed, a certificate of completion will be sent to the participate as proof of CEU earned.

## Disclosure of Unlabeled Use

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## Commercial Support Acknowledgment

This activity is not supported through an educational grant.

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<https://www.nationalmssociety.org/Helpful-Links/Legal-Notice-Privacy-Policy/Privacy-Policy>

## Contact Information

If you have any questions about this activity, please contact the National MS Society at Katelyn.michtich@nmss.org.