



**National  
Multiple Sclerosis  
Society**

## **Career Transition Fellowship Awards: Applications Checklist**

### **National Multiple Sclerosis Society**

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To assist you in verifying that you have completed all steps in the application process, here is a checklist that you can use once you are ready to submit your proposal.

#### **Pre-Application Checklist**

- ☐ Have you completed brief **Eligibility Quiz**? Applicants must be affiliated with a non-profit; hold an MD, PhD or equivalent; currently be in a research-oriented postdoctoral training program; must have at least two years but no more than five years of postdoctoral training; and either the fellowship must be completed at a U.S. institution or the applicant must be a U.S. citizen.
  - ☐ Have you completed the **Contact Details** section with the PI (Applicant) information?
  - ☐ Have completed the **Project Details**? (All information can be changed if you are invited to submit a full application)
    - ☐ Title
    - ☐ Application Type (new vs. resubmission)
    - ☐ Brief Proposal Summary (500 words or less)
    - ☐ Uploaded a 3-page **Career Transition Preliminary Proposal** PDF, and identified the document as "Preliminary Proposal" in the dropdown menu
      - Career Goals (1 page)
      - Proposed Research Project (1 page)
      - Relevance to MS (1 page)
    - ☐ **Project Location** information (location, country, state, city, zip code)
    - ☐ **Estimate of Funds Requested** in USD.
  - ☐ Have you completed the **Mentor Information** section with mentor/co-mentor contact information?
  - ☐ Have you uploaded **biosketches** for the applicant, mentor, and (if applicable) co-mentor?
  - ☐ Have you added your mentor/co-mentor to the **Reference Letter Requests** section so they can submit a reference letter in MSGrants?

**Note:** It is recommended applicants talk with their mentor(s) directly to ensure they are aware of the pre-application deadline and can submit on time.
  - ☐ Have you submitted the pre-application by the **pre-application deadline**?
- (Continued on next page)*

## Full Application Checklist

- ☐ Have you completed all required items in the **Project Information** section?
  - ☐ Confirmed Project Location information where the fellowship will take place
  - ☐ Confirmed Application Type (new vs. resubmission)
  - ☐ Indicated one General Discipline
  - ☐ Identified 2-3 Keywords (a list of available keywords is available for download)
  - ☐ Identified categories for Materials/Subjects
  - ☐ Identified any submissions to other funding agencies
- ☐ Have you completed all required items in the **Institutional Official** section?
  - ☐ Principal Investigator (Applicant) information
  - ☐ Institutional Signatory information
  - ☐ Financial Officer information
- ☐ Have you confirmed your **Mentor Information** for your mentor/co-mentor contact details?
- ☐ Have you completed all required items in the **Human Subjects and/or Vertebrate Animals** section?
- ☐ Have you completed all questions for the **Plain Language Description**?
- ☐ Have you finalized the **Scientific Summary**? (600 words or less)
- ☐ Have you completed the **Project Staff** section?
  - ☐ Listed all key personnel involved in the project?
  - ☐ Confirm or update **Biographical Sketches** for the applicant and mentor/co-mentor?
- ☐ Have you completed the **Other Support** section and uploaded any Other Support documentation for the applicant and mentor/co-mentor?
- ☐ Have you uploaded the **Mentor's Training Experience** PDF?
- ☐ Have you provided contact information for **three (3) References** (in addition to the mentor and co-mentor, if applicable)?
- ☐ If applicable, have you uploaded any the **Letters** of support from collaborators?
- ☐ Have you uploaded your completed **Proposal Narrative** PDF?
  - ☐ **For resubmissions only: Response to Reviewers** section responding to previous reviewer feedback and summarizing changes (**limit: two pages that are in addition to the Narrative section**)
  - ☐ Narrative (**limit: 13 pages**)
    - Career and Training Plan (**limit: one page**)
      - Career Plan (limit: 1/2 page)
      - Training Plan (limit: 1/2 page)
    - Research Plan (**limit: 12 pages**)
      - Specific Aims
      - Background
      - Experimental Design and Methods
      - Timeline
      - Relevance to the Society's Pathways to Cures Roadmap
      - Facilities Available (limit: one page within the 12-page Research Plan)
    - Note: All images and figures count towards the page limits
  - ☐ References and Literature (**No page limit**: these do not count towards the page limit)

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- ☐ If applicable, have you uploaded any relevant **Materials Submitted**?  
Note: Do not use this section to circumvent the narrative page limits
- ☐ Have you completed the **Budget** for your fellowship application?
  - ☐ For Postdoc Phase in years 1 and 2:
    - The postdoc stipend during the first two years must be based on the Society's postdoctoral fellow stipend scale (see [scale](#)).
    - An annual institutional allowance of \$7,850 will be provided in years 1 and 2 of the award to defray the costs of providing the applicant's fringe benefits
    - The direct costs for all items except the applicant's postdoc stipend and institutional allowance may not exceed \$25,000 for each of the first two years. Funds requested for other personnel in the project years 1 and 2 may not be used to support other postdoctoral research associates.
    - Note: Indirect costs are not permitted for years 1 and 2.
  - ☐ For Faculty Phase in years 3-5
    - The default budget is \$125,000 per year plus indirect costs of 10%. This default should be included in the Other Costs section of the budget for years 3-5 so it is calculated within the total budget, but no itemization is required at this time.
    - Note: Indirect costs for these expenses will automatically be included in the budget calculations.
  - ☐ If applicable, have you included the **Subcontractor Budget** for any subcontracts?
  - ☐ Have you updated the **Amount Requested** to align with the final budget total?
- ☐ Have you completed the **Budget Justification** for all years of the proposed project?
  - ☐ If applicable, have you included a budget justification for any subcontracts?
- ☐ Have you completed the **Applicant Demographics** section? (This does not affect the consideration of your application)
- ☐ Has the **Institutional Signatory** of your organization **Authorized** submission of your application in MSGrants **by the application deadline**?