Insurance Co Name

Insurance Co Address

August 22, 2023

Re: Name: Patient Name

DOB: Enter date of birth

Account #: Enter insurance company account number

To Whom It May Concern:

This letter is to support an appeal for choose a reason Choose an item. for my patient enter patient name. My patient carries a diagnosis of multiple sclerosis and has a history of fatigue secondary to MS.

A review of the record for enter patient name illustrates reports of fatigue enter timeframe**.** My patient’s quality of life has declined as demonstrated by enter objective measures used to assess fatigue Enter other treatments used for fatigue, including non-pharmacologic management and response here to support rationale for using modafinil.

Fatigue is recognized by the National Multiple Sclerosis Society as the most common symptom of the disease, affecting over three-fourths of all those living with MS. The disease itself causes fatigue or lassitude, an overwhelming sense of tiredness that occurs often suddenly and at any time during the day.

In a 2002 study to assess the efficacy and safety of modafinil for the treatment of fatigue in MS, Rammohan and colleagues found that 200mg/day of modafinil significantly reduced fatigue and was well tolerated.1 A meta-analysis published in 2018 looked at five randomized controlled trials of modafinil in 303 patients with MS. Modafanil was found to be superior to placebo in managing MS related fatigue.2

The compendium Clinical Pharmacology includes adjunctive treatment of fatigue secondary to MS as an accepted off label use of modafinil for patients 16 years of age and older at a dose of 200mg to 400mg daily. The compendium Micromedex also indicates modafinil as effective in fatigue in MS. Micromedex is also a Medicare D approved reference.

On the Epworth Sleepiness Scale (ESS), a subjective scale that determines daytime sleepiness by measuring the propensity to doze or fall asleep, enter patient name had a score of \_\_. Scores for the ESS range from 0 to 24, with scores of 10 or higher indicating excessive daytime sleepiness. Patients with high scores are often considered for a diagnosis of narcolepsy.

Choose an item. is medically necessary for my patient, enter patient name. There are many dangers of falling asleep unexpectedly, including while driving or cooking, and enter patient name condition will affect activities of daily living and quality of life. In addition, not treating fatigue could lead to a relapse of enter patient name multiple sclerosis, and expensive hospitalizations.

Sincerely,

Click or tap here to enter text.

Click or tap here to enter text.

Click or tap here to enter text.

Rammohan KW, Rosenberg JH, Lynn DJ, Blumenfeld AM, Pollak CP and Nagaraja HN. Efficacy and safety of modafinil (Provigil) for the treatment of fatigue in multiple sclerosis: a two centre phase 2 study. *Journal of Neurology, Neurosurgery, and Psychiatry 2002;72: 179-183*.

2 Shangyan H, Kuiqing L, Yumin X, Jie C and Weixiong L. Meta-analysis of the efficacy of modafinil versus placebo in the treatment of multiple sclerosis fatigue. *Mult Scler Relat Disord* 2018; 19: 85-89.