



News for Health Professionals

Update to the MS clinical course descriptors under development

The International Advisory Committee on Clinical Trials in Multiple Sclerosis proposes a new approach to describing types of MS, with the goal of shifting from clinical descriptions of separate phases of MS to an understanding of a MS as a continuous disease process.

[Read the Society's Summary](#)

First ever MS Activist Virtual Rally

Tuesday, March 28

Learn more about healthcare policies moving on Capitol Hill and make your important voice heard. Mark your calendar for the Society's one-day event featuring keynote speakers, opportunities to connect directly with elected officials online, and networking with fellow MS Activists. More information on this Virtual Event to come in our February newsletter.

[Become an MS Activist Now](#)

Comprehensive MS management must address social determinants of health

International experts conclude research on the intersections of social determinants of health and effective interventions to influence MS outcomes are needed. The evidence behind this recommendation is outlined in 'Social determinants of health in multiple sclerosis' in *Nature Reviews Neurology*.

[Read the Review](#)

Professional Education

Current Topics in MS Webinar Series

The MS Centers of Excellence (MSCoE) collaborates with the National MS Society to present this quarterly CME/CE series designed to meet the educational needs of the MS healthcare team. Attendees must pre-register in the VA system to receive CME/CE credit.

Wednesday, Feb. 1, 12 p.m. EDT/9 a.m. PDT

Dietary Interventions in MS

Vijayshree Yadav, MD, MCR, FANA, FAAN

Wednesday, March 1, 12 p.m. EDT/9 a.m. PDT

Role of Comorbidities in Healthcare Utilization and Self-Management in Persons with MS

Elizabeth Gromisch, PhD, MSCS

Aaron Turner, PhD, ABPP (RP)

[View Webinar Details](#)

Pediatric MS Difficult Case Webinar Series

Monday, Feb. 6, 12 p.m. EDT/9 a.m. PDT

The National Multiple Sclerosis Society and the United States Network of Pediatric MS Centers invites you to a monthly difficult case webinar to discuss difficult cases of pediatric MS or other suspected demyelinating diseases.

[View Details and Register](#)

Brown Bag Lunch: Symptom Management Series

Thursday, Feb. 9, 1 p.m. EDT/10 a.m. PDT

The National MS Society's Upper Midwest Healthcare Provider Council invites you to join us in a virtual networking and discussion series covering symptom management topics.

[View Details and Register](#)

Resources for Your Patients

MS Trial Alert: Investigators Recruiting Nationwide for Study Comparing aHSCT to Other Therapies in Active Relapsing MS

Researchers are recruiting participants ages 18-55 diagnosed with MS, and experiencing highly active, treatment-resistant relapsing MS for a pivotal clinical trial. The trial is comparing aHSCT to disease-modifying therapies that have been shown to be the most highly effective in people with MS.

[aHSCT Trial Details](#)

Pathways to Wellness in MS: Emotional, Spiritual, and Social Wellness

Thursday, Feb. 9, 1 p.m EDT/10 a.m PDT

Designed for anyone who is affected by MS, participants can learn about current research on positive psychology, mood disorders, and stress management. This free, virtual program offers a variety of interactive breakout sessions to connect with expert presenters, resources, and to support and engage with the MS community. Please promote this program to your patients and their caregivers.

[Pathways to Wellness Details](#)

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