



Denver Insider's and Transportation Guide

DENVER INSIDER'S GUIDE

This is an informal guide to making the most of your stay in Denver, as told by Denver-based staff.

*Check out the Denver Visitor's Bureau's app for a comprehensive listing of dining choices, local activities and more! – Search **Visit Denver** in your App Store.

Restaurants

- Osteria Marco – Amazing homemade cheese, great drinks and fun atmosphere. Reservations needed www.osteriamarco.com
- Steubens – Popular local spot with fun cocktails and comfort food with a twist. They also do curbside to-go! www.stuebens.com
- The Corner Office Restaurant and Martini Bar --Trendy spot, great martinis www.thecornerofficedenver.com
- City 'O City – All vegetarian fare; great vegan and gluten free options www.cityocitydenver.com
- Linger -- Great small plates, Indian/Asian/comfort food; amazing rooftop city view www.lingerdenver.com
- Root Down – Hip spot in a renovated gas station; great city view; reservations needed www.rootdowndenver.com
- Buckhorn Exchange -- The first restaurant to hold a CO liquor license. Quirky mounted game on the walls; great spot for meat lovers; a little bit of Colorado History www.buckhorn.com
- D-bar desserts – Incredible desserts! Great spot to have quiet conversations www.dbardesserts.com
- TAG in Larimer Square – Innovative, local cuisine in a trendy setting. www.tag-restaurant.com
- The Green Russell -- Underground “speakeasy” with innovative drinks; only light fare available www.greenrussell.com
- The Rio - Mighty margs and Mexican fare; loud and energetic atmosphere www.riograndemexican.com
- Ted's Montana Grill – Great buffalo burger and American food www.tedsmontanagrill.com



Activities

- Have an outfit malfunction or clothes dilemma? Check out The Denver Pavilion www.denverpavilions.com
- The overhead lights at Larimer Street/15th Street are a great photo opp!
- Check out the Big Blue Bear statue just outside the Convention Center
- Cruise the 16th Street Mall for shopping, dining, people-watching & street performers <http://16thstreetmalldenver.com>
- REI Flagship Store for outdoor enthusiasts (and an indoor climbing wall!) <http://www.rei.com/stores/denver>
- Check out a sunset from the Hyatt Regency's Peaks Lounge www.denverregency.hyatt.com
- The Cruise Room – Unique (small!) bar; opened the day after Prohibition ended and the atmosphere is still the same. It feels like you're back in the 40's with the way the bartenders dress, the décor, and the music. www.theoxfordhotel.com/dining/the-cruise-room

Local Advice

- Feel like you need to dress up for dinner? Jeans (with a dressier top) are always appropriate in Denver!
- Drink a lot of water! Great way to fight altitude sickness.
- Bring chapstick! And lotion! Colorado is very dry.
- Be sure to apply sunscreen, even when it is cloudy, we are at 5280'.
- Have some extra time at the airport? Check out Root Down, a trendy restaurant that just opened an airport location! Or Elway's...
- Not sure which direction you're headed? The mountains are always to the West.
- Parking meters in the City of Denver are free for up to 4 hours with a valid handicapped parking placard.
- All city buses (RTD) are equipped with wheelchair lifts or ramps and can carry up to two wheelchair passengers.
- Light rail is free to people using a wheelchair.
- Dress in layers, as the temperature can change significantly throughout the day.
- Wear comfortable (and perhaps warm) shoes.
- Rocky Mountain Oysters are typically breaded and fried and taste like chicken. You can skip it!
- Watch your alcohol intake – it affects you faster than you're used to (because of the elevation!)
- Try to watch a sunset from a rooftop patio. They're all over Denver, and watching the sunset behind the mountains is something that "flatlanders" should really do!

A special THANK YOU Amanda Wolz, Emily Holterman, Eva Mather, Susan Fleming, Rebecca Spencer, Kaylin Daniels, Sophia Conti, and Alexis Johnson of the Colorado-Wyoming Chapter for their ultra-trendy recommendations and advice!



DENVER TRANSPORTATION GUIDE

Bicycle

- Denver B-Cycle (<http://denver.bcycle.com/>) Bicycles that you can rent for a short time; simply deliver your bike to a B-Cycle location!
- Mile High PediCabs – 303-PEDICAB (<http://www.milehighpedicabs.com/>)

Local Taxis

- Freedom Cabs – 303-444-4444 (<http://www.freedomcabs.com/>)
- Metro Taxi – 303-333-3333 (<http://www.metrotaxidenver.com/>)
- Yellow Cab – 303-777-7777 (<http://www.denveryellowcab.com/>)

16th Street Mall Ride (<http://www.rtd-denver.com/FREEMallRide.shtml>)

FREE bus service along the 16th Street Mall

Light Rail (<http://www.rtd-denver.com/Schedules.shtml#lightrail>)

Inexpensive train service; runs Denver to Golden and South Denver to Downtown

Mobility Rentals

Aspen Medical Supply

Phone: 720-322-0101

What: Wheelchairs, scooters, vans, other assistive equipment and medical supplies

Rental Minimum: 1 day wheelchairs, 3 days scooters

Website: www.aspenmedicalsupply.com

Jensen Medical, Inc.

Phone: 303-751-7292

What: Standard/electric wheelchairs and scooters available for rental

Rental Minimum: 1 day

Website: www.jensenmedicalsupplies.com

The Mobility Shop

Phone: 888-404-5554

What: Standard/electric wheelchairs and scooters available for rental



Rental Minimum: 1 day

Website: <http://www.themobilityshop.com/boston/?page=denver>

Colorado Lifestyles

Phone: 303-988-4875

What: Standard/electric wheelchairs and electric scooters available for rental

Rental Minimum: 1 week standard wheelchairs and scooters, 1 month electric wheelchair

Wheelers Accessible Van Rentals & Electric Scooters

Phone: 800-456-1371 or 303-884-9784

What: Accessible vans and Standard/ electric scooters

Website: <http://www.wheelersvanrentals.com/Denver/>

Wheelchair Accessible Transportation

RTD access-a-Ride

<http://www.rtd-denver.com/HowToRideaccessRide.shtml>

Access-a-Ride service must be reserved 1-3 days in advance. Please call 303-299-6560 to make a reservation. Make your request as early as possible, since access-a-Ride trips are scheduled on a space-available, shared-ride basis.

Yellow Cab Mobility Plus

http://www.denveryellowcab.com/yellow_cab/yellow_cab_mobility_plus.htm

Accessible vans are available but reservations are required. Please call 303-777-7777 to make reservation. Van seats one chair plus two other passengers. Yellow Cab Mobility Plus transports all types of wheelchairs, power chairs, and scooters.

Metro Taxi

<http://www.metrotaxidenver.com/>

Accessible vans are available but reservations are required. Please call 303-333-3333 to make reservation. Van seats one chair plus two other passengers.

SuperShuttle

<http://www.supershuttle.com/AccessibleService.aspx>

Accessible vans are available but supply is limited. Reservations are required with 24 hour notice. When making a reservation, customers should specify whether or not an accessible vehicle is required or if a service animal will be accompanying the customer. Call 303-370-1300 option 2. Van seats one chair plus two other passengers.



Wheeler's Accessible Van Rentals

<http://www.wheelersvanrentals.com/Denver/>

Wheeler's Accessible Van Rentals delivers to any location at any time. Wheeler's rents the most reliable vehicles available, and now offers mobility and assistive equipment. Make reservation online or contact directly at, 800-456-1371. *Note: Fully accessible vans with ramp. Drivers are not provided, van rentals only.*

Wheelchair Getaways

<http://www.wheelchairgetaways.com/>

Wheelchair Getaways of Colorado provides quality accessible van rentals, renting full-size conversion vans and dropped floor minivans. All vans are equipped, and rentals are available by the day, week, or month to fit your needs. To make a reservation, please call 800-238-6920. *Note: Fully accessible vans with ramp.*