



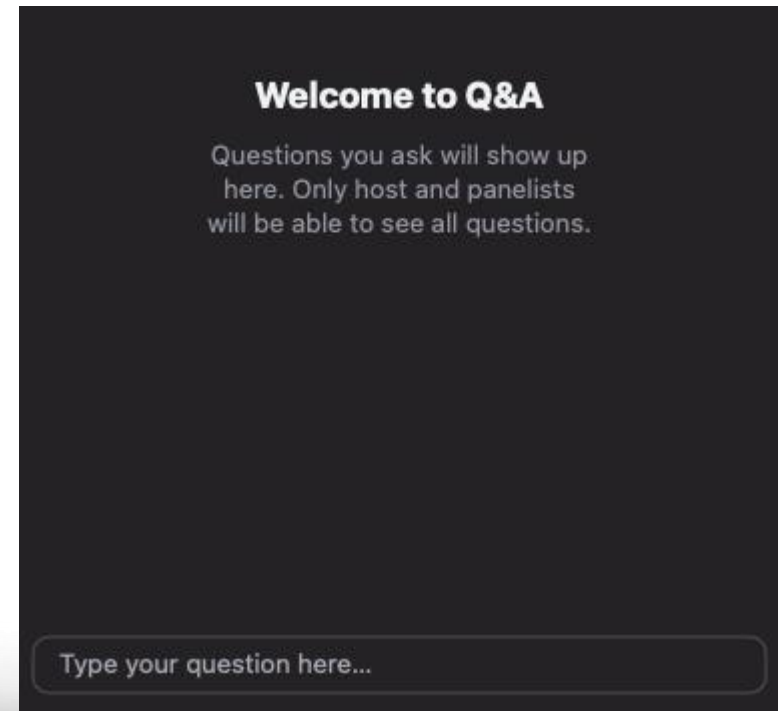
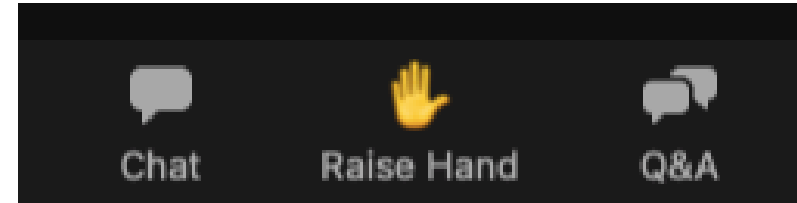
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National
Multiple Sclerosis
Society

How to Use Zoom Events

- This session is being recorded, and the recording will be shared.
- You are currently on mute.
- For Q&A, use the “raise hand” feature to be unmuted, or type your question into the Q&A



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Mission

We will cure MS while empowering people affected by MS to live their best lives.



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Diversity, Equity & Inclusion Statement

The National Multiple Sclerosis Society is a movement by and for all people affected by MS.

Our voices and actions reflect diversity, equity, and inclusion.

We welcome and value diverse perspectives.

We actively seek out and embrace differences.

We want everyone to feel respected and be empowered to bring their whole selves to ensure we make the best decisions to achieve our mission.



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Your Speakers



Steffany Stern
VP, Advocacy
(she/her)



Laura Bennett (LB)
Dir., Grassroots Advocacy
(she/her)



Tammy Quasius
MS Activist – NJ
(she/her)



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Agenda

- What is PPC?
- Who will be participating in PPC?
- Schedule for March 6-8
- Hill Day – hear from MS Activist: Tammy Quasius
- Logistics
 - Getting around Washington, D.C. and Capitol Hill
 - Reimbursements
 - COVID-19
 - Mobile App



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What is PPC?

- Time to expand our knowledge
- Influence federal lawmakers and move policy priorities forward
- Opportunities to connect with others affected by MS



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Who Will Participate in PPC?

- ~170 MS Activists – new and experienced
- ~30 MS Society staff to support and facilitate



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Monday March 6



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Timing for the day:

- 1:00 p.m. – **Registration Opens**
- 3:30 p.m. – **Welcome**
- 7:30 p.m. – **Reception Closes**

Monday highlights: Keynote speaker CNN's John King, panel on policy priorities, dinner reception

Tuesday March 7



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Timing for the day:

- 8:00 a.m. – **Breakfast Available**
- 12:00 p.m. – **Lunch**
- 6:00 p.m. – **Dinner**

Tuesday highlights: Breakout sessions, panel on policy priorities, mock hill visit, state delegation meetings

Wednesday March 8 “Hill Day”



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- 8:00 a.m. – **Breakfast and Hill Day Send off with MS Caucus Co-Chair Rep. Trahan (D-MA) (*invited*)**
- 9:15 a.m. – **Depart for Capitol Hill**
- 10:00 a.m. onward – **Congressional Visits**
- Time TBD – **PPC Respite Room Available – Senate Dirksen 106**

Tammy Quasius MS Activist - NJ



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Tammy's Top 3 Tips:

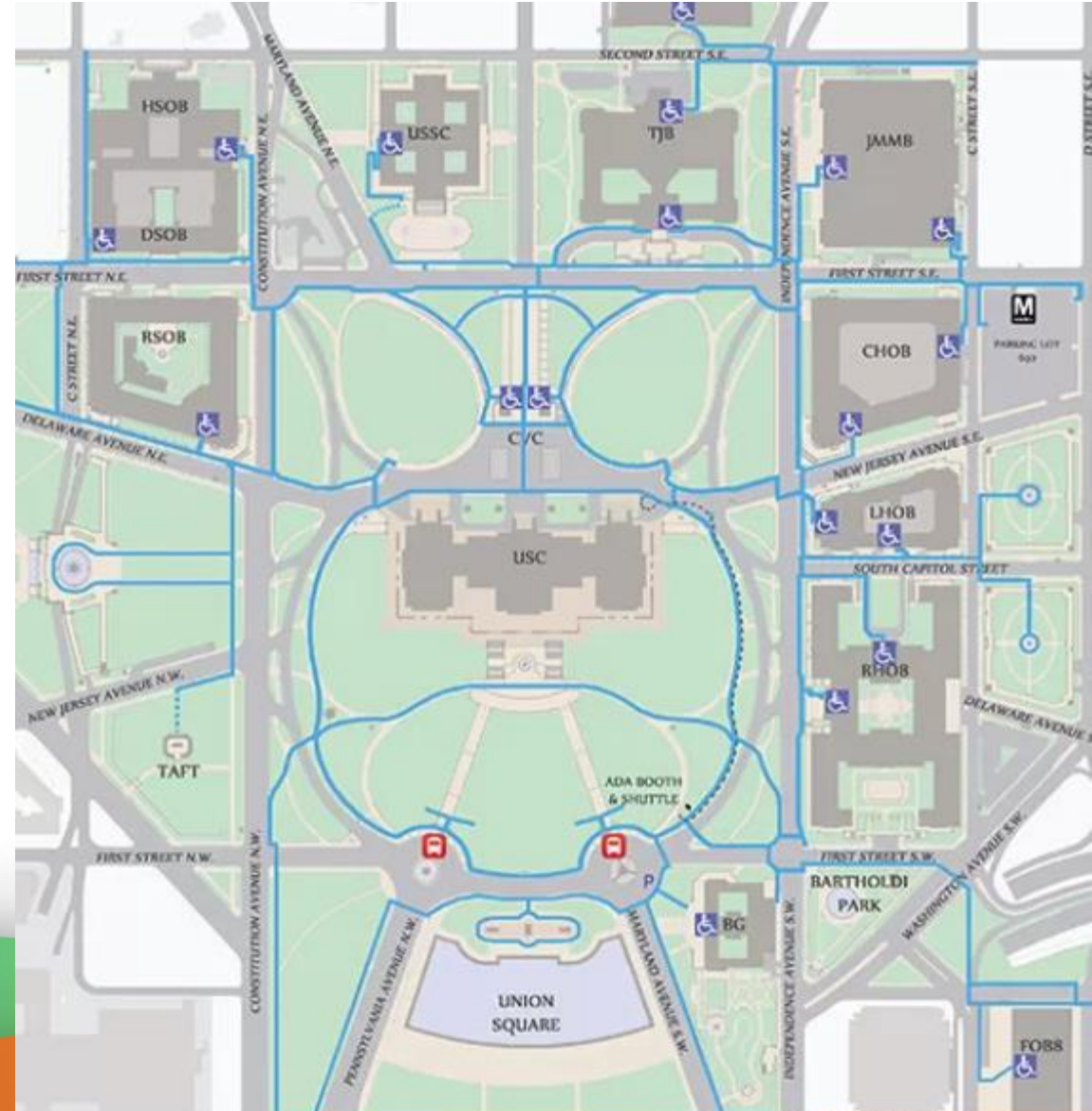
1. You do not have to memorize everything
2. Get to know your elected officials online
3. Don't just tell your story – sell your story – make it personal

Hill Day Logistics

- **How to get to your visits?** Taxi, Uber, Metro, etc. straight to the Capitol
- **Need accessible transportation?** We will be scheduling accessible transportation for you
- **Need a break on Capitol Hill?** PPC Respite Rooms will be available on the Senate side (Dirksen 106) and you can access public cafeterias on both the House and Senate sides for lunch



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Hotel Information

Address: Capital Hilton –
1001 16th Street NW,
Washington, DC 20036

Billing: All hotel rooms
are billed to the MS
Society unless otherwise
noted

Rented Scooter Pick-Up:
Federal A/B



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Travel

- **Packing:**
 - All things orange – have some fun!
 - Comfortable shoes for “Hill Day”
 - Weather appropriate clothes
- **Closest Airport:** National Airport (DCA)
- **Metro (Train):** line construction/long waits, not recommended
- **Travel to and From Airport:** Rideshare, Taxi, etc. (no hotel shuttle)
- **Tips:**
 - Utilize TSA Cares
 - Don't worry about delays – contact your advocacy staff person



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Reimbursements

Following the Public Policy Conference:

1. Keep all of your itemized receipts for travel, taxis, etc.
✓ Take photos of them on your phone!
2. Complete a “Volunteer Registration Form” and email it to meetingplanning@nmss.org
3. Options for payment: Direct Deposit (preferred) or Check (may take up to four weeks)



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COVID-19

Available at PPC Registration

- **Masks** are optional and available at the registration table.
- **COVID-19 rapid tests** will be available at the registration table.
- **Hand sanitizer** will be available throughout the hotel.

Recommendations

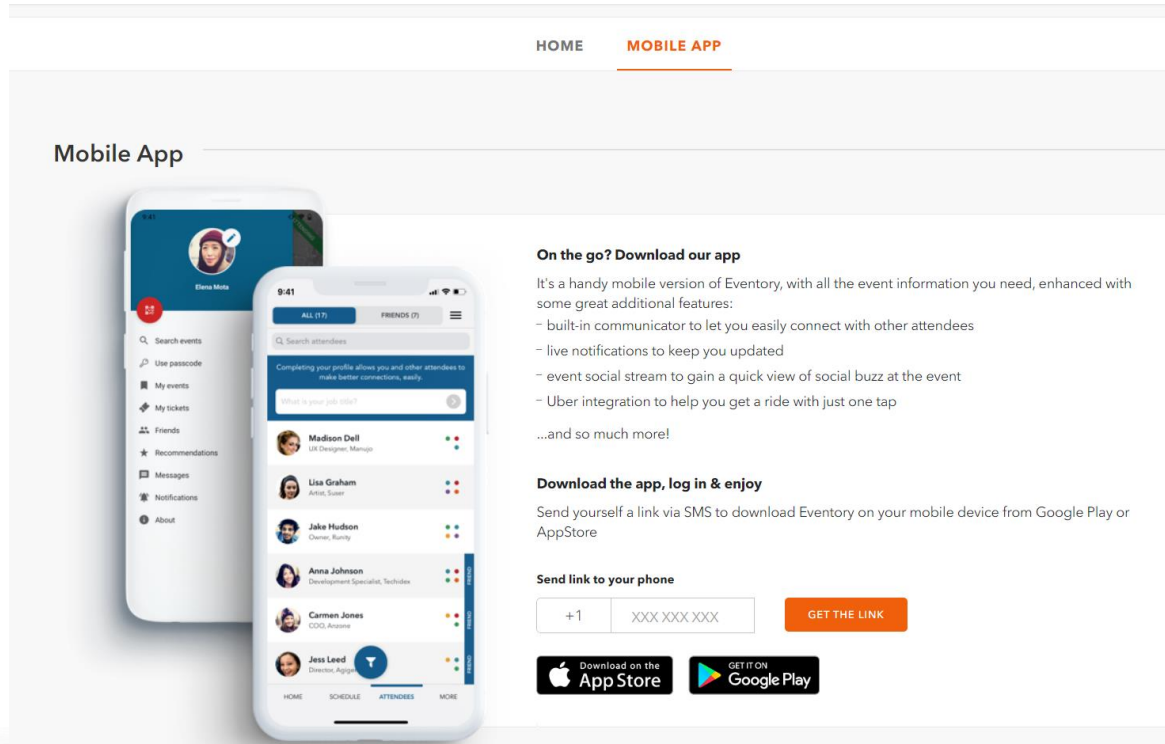
- Follow CDC recommendations
- If you're experiencing any symptoms of COVID-19 please refrain from participating in conference activities.
- Attendees can indicate their social comfort through a red, yellow or green button attached to their lanyard:
 - **Red** = physical distance please
 - **Yellow** = elbows only
 - **Green** = handshakes or hugs



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PPC Mobile App

<https://eventory.cc/event/ppc2023>



- **Available in the Mobile App:**
 - MS Activist networking
 - Map of the hotel
 - Map of Capitol Hill
 - Conference agenda
 - Congressional visit resources: leave behinds, talking points, and visit feedback forms



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Questions?

www.nationalmssociety.org/ppc



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