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| National Multiple Sclerosis Society |
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| MS Clinical Care Connection, a resource for healthcare professionals |

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| **News for Health Professionals** |

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| Learn more about the Society's new 'What to expect from mental health care: a guide for people with MS’ |
| The National Multiple Sclerosis Society released new mental health guidance for people living with MS and their healthcare providers. Dawn Edhe, PhD, psychologist and professor at the University of Washington, sat down with Neurology Live® to talk about this guidance |
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| [**Watch the Video**](https://www.neurologylive.com/view/understanding-national-ms-society-new-mental-health-guidance-dawn-edhe) |

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| New research shows link between sleep and cognitive problems in people with MS |
| A recent study showed that sleep and cognitive problems were linked and occurred significantly more frequently in nurses with MS than in nurses who didn’t have MS. Read more about the study, 'Pathways between multiple sclerosis, sleep disorders, and cognitive function: Longitudinal findings from The Nurses’ Health Study'. |
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| [**Read the Study**](https://journals.sagepub.com/doi/epub/10.1177/13524585221144215) |

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| First-ever MS Activist Virtual Rally |
| **Tuesday, March 28, Noon - 3 p.m. EST/9 a.m. - Noon PST**You’re invited! Join the MS Activist Rally – a virtual gathering for anyone in the MS community who wants to collaborate and drive change through advocacy. This one-day event will feature keynote speakers, time to connect with fellow MS Activists, opportunities to communicate directly with your elected officials online and learn more about policies moving on Capitol Hill. This is a virtual event. A link to join will be sent to you the week of the Rally. |
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| [**Register to Rally**](https://p2a.co/9n5ykrQ) |

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| MS Awareness Week is March 12-18 |
| Shine a light on the everyday moments of living with MS to raise awareness on the need for MS cures, now. Share your MS story using the My MS Moment Creator tool, explore the moments of others and spread the word to your patients. |
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| [**Share Your MS Story**](https://www.nationalmssociety.org/MS-Awareness) |

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| **Professional Education** |

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| Pediatric MS Difficult Case Webinar |
| **Friday, March 3, 4 p.m. EDT/1 p.m. PDT**The National Multiple Sclerosis Society and the United States Network of Pediatric MS Centers invite you to a monthly webinar call to discuss difficult cases of pediatric MS or other suspected demyelinating diseases. [Learn more and register for the webinar](https://www.nationalmssociety.org/For-Professionals/Clinical-Care/Professional-Education/Pediatric-Difficult-Case-Webinar). |

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| Save the date! 2023 Virtual MS Summit |
| **Saturday, May 13, 11 a.m. - 4 p.m. EST/ 8 a.m. - 1 p.m. PST** Join the University of Washington as they sponsor the 2023 MS Virtual Summit. Hosted by MS experts in the Pacific Northwest Region, attracting an audience of neurologists, physiatrists, nurse practitioners, physician assistants, and others involved in the search for answers to the complex questions of multiple sclerosis. CME available — More details to come! |

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| **Resources for Your Patients** |

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| ‘Resilience: Addressing the Challenges of Pediatric MS’ virtual program |
| **Saturday, March 18, 3 p.m. EST/Noon PST** Invite your pediatric patients and their parents/legal guardians to join us in this virtual discussion hosted in partnership with the University of Alabama at Birmingham and led by Dr. Yolanda Wheeler, PhD, CRNP, CPNP-AC, MSCN. Participants will learn strategies for developing their own personal resilience within a local self-help group setting. |
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| [**View Details and Register**](https://secure.nationalmssociety.org/site/Calendar/1795885061?view=Detail&id=367905) |

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| MS Adventure Camp registration is now open! |
| **June 19-24 Amery, WI | July 30–Aug. 2 Gilmer, TX | Aug. 6-9 Charlottesville, VA** MS Adventure Camp brings together children going into grades 4-12 who live in a household with someone affected by MS for summertime fun and personal growth. Campers enjoy jam-packed days filled with recreational activities along with special MS education programs for a unique and enriching camp experience. All MS Adventure Camp locations are open to everyone, regardless of state residency. |
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| [**Learn More About Camp**](https://www.nationalmssociety.org/camp) |

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| [Pathways to Cures](https://www.nationalmssociety.org/pathways-to-cures)  |  [Read Our Blog](https://momentummagazineonline.com/ms-blog/)  |  [In Your Area](http://www.nationalmssociety.org/Chapters)  |  [COVID-19](https://www.nationalmssociety.org/What-you-need-to-know-about-Coronavirus-%28COVID-19%29) |

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| MS National Multiple Sclerosis Society |

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| [**DONATE NOW**](https://secure.nationalmssociety.org/site/Donation2?df_id=63293&63293.donation=form1&mfc_pref=T) |

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| [National MS Society](http://www.nationalmssociety.org/)  |  [Legal Notice/Privacy Policy](http://www.nationalmssociety.org/Helpful-Links/Legal-Notice-Privacy-Policy)  |  Email Preferences  |  Unsubscribe    |
| The National Multiple Sclerosis Society  |  733 3rd Ave., New York, NY 10017 USContact us at [nationalMSsociety.org](http://www.nationalmssociety.org/Helpful-Links/Contact-Us) or 1-800-344-4867 This message was sent to lauramay60@gmail.com. To ensure that you continue to receive our emails, please add us to your address book.  |

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