

Open Enrollment Resource List

- National MS Society MS Navigators provide Open Enrollment guidance, information, and referrals:
Call an MS Navigator at 800-344-4867
- The MS Navigator Benefits, Employment, & Health Insurance Support Team provides Medicare Open Enrollment assistance: Call an MS Navigator at 800-344-4867 to schedule a plan search
- Ask an MS Expert program series covering Open Enrollment:
<https://youtu.be/i437b07z0mA>

Online Self-Service Resources:

- www.nationalmssociety.org/openenrollment
- www.nationalmssociety.org/rxhelp
- www.nationalmssociety.org/getcovered

Printable Resources:

- [Medicare Resources for People with MS](#)
[Recursos de Medicare para personas con esclerosis múltiple \(EM\)](#)
- [Application Checklist for the Health Insurance Marketplace](#)
[Aplicación con lista de verificación para el Mercado De seguros médicos en línea](#)
[Healthcare.gov](#)
- [Comparing Health Plan Options and Prescription Help for People with MS](#)
[Comparación de opciones de planes de salud y ayuda](#)