

**The Exercise Neuroscience Research Laboratory  
of the University of Illinois invites you to take  
part in a new project!**

The project is entitled

“Physical Activity and Relapse for Individuals with  
Multiple Sclerosis: An Exploratory Study”.

We are interested in learning about your experiences with  
physical activity during periods of relapse.

This project is for people who:

- Are aged 18-64 years
- Have a definite diagnosis of MS
- Have experienced a relapse within the past six months

Participation involves:

- On-site neurological assessment (completing questionnaires)
- A 1 hour audio recorded interview

For information call Toll Free 1-888-796-7966 or send us an email at  
[exerciseneurolab@gmail.com](mailto:exerciseneurolab@gmail.com)

[www.ENRL.net](http://www.ENRL.net)