

# Do You Have MS?

University of Illinois researchers invite you to participate in a voluntary study on smoking, dietary sodium, and physical activity levels in individuals with multiple sclerosis.

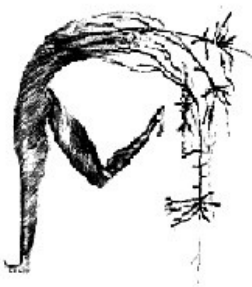
## The Multiple Risk-Factor Study in MS

### Eligibility

- Diagnosis of multiple sclerosis
- Between 18-64 years of age
- Relapse free for the past 30 days
- Willing to visit the University of Illinois at Urbana-Champaign for 2 visits

### Benefits of Participation

- Learn about your physical fitness level
- Gain insight into your dietary sodium and smoking levels



EXERCISE  
NEUROSCIENCE  
RESEARCH  
LABORATORY

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